

SMOOTHIES

Lauren's Lunch - \$9

unsweetened vanilla almond milk, peanut butter, blueberries, spinach, banana, vanilla whey protein

275 calories | 36.5g protein, 23.5g carbs, 5g fat, 10g sugar

Spinach n' Berry Burst - \$9

unsweetened vanilla almond milk, strawberries, banana, blueberries, spinach, vanilla whey protein

284 calories | 32.5g protein, 34g carbs, 4g fat, 17g sugar

Mocha Morning Kick - \$9

unsweetened vanilla almond milk, chocolate whey protein, instant espresso, unsweetened cocoa powder, stevia, ice

161 calories | 27g protein, 7g carbs, 4g fat, 0g sugar

Lean Mean Rubin - \$9

unsweetened almond milk, peanut butter, banana, chocolate whey protein, ice

292 calories | 35g protein, 30g carbs, 5.5g fat, 12g sugar

Very Berry Vie - \$7

coconut water, blueberries, strawberries, spinach

129 calories | 4g protein, 28g carbs, 0.5g fat, 23g sugar

Summer Colada - \$9

unsweetened vanilla almond milk, banana, pineapple, vanilla whey protein, spinach

271 calories | 31.5g protein, 32g carbs, 4g fat, 15g sugar

Special Smoothie

ask our front desk what our special smoothie is!

Ask about our vegan protein option.
Add in an extra scoop of protein for \$2.

JUICY KITCHEN SNACKS



JK smart cookie \$4 | JK tahini cookie \$4 | JK energy ball \$3